

SOFIA UNIVERSITY  
"ST. KLIMENT OHRIDSKI"  
FACULTY OF MEDICINE

1, Koziak str.  
1407, Sofia, BULGARIA  
Tel: 02 9607/417



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## STATEMENT

Regarding the application of  
**Chief Assistant Professor Dimitrina Todorova Edreva, MD,  
PhD**  
for the academic position of **Associate Professor**,  
in scientific field 7. Healthcare and sports, professional direction  
7.1. Medicine, scientific specialty - Otorhinolaryngology, in  
accordance with the competition announced in the State  
Newspaper, issue no. 92 of 18.11.2022

The statement is prepared by:  
Assoc. Professor Velislava Dimitrova Dimitrova, MD, PhD  
Internal member of the Scientific Jury appointed with  
Order of the Rector of the SU "St. Kliment Ohridski", Sofia  
RD No. 38-25/19.01.2023

Scientific specialties:  
Internal Medicine, Nephrology, Clinical Pharmacology and Therapy  
Faculty of Medicine, SU "St. Kliment Ohridski",  
"Lozenets" UMBAL, Head of the Nephrology Clinic.

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*The statement has been written in accordance with the requirements  
of the Law on Higher Education, ZRASRB and the New Regulations  
on the Terms and Procedures for Acquiring Scientific Degrees and  
Holding Academic Positions at the Sofia University "St. Kliment  
Ohridski"*

#### Statement:

The statement was prepared in accordance with the requirements of the Regulations for the terms and conditions for acquiring scientific degrees and holding academic positions at the Sofia University „St. Kliment Ohridski”.

The only candidate for the academic position "Associate Professor" is Chief Assistant Professor Dimitrina Todorova Edreva, MD, PhD.

#### PROFESSIONAL DEVELOPMENT:

Dimitrina Todorova Edreva has been a medical doctor since 1988, when she graduated from the Medical University of Sofia. Her professional career started as a resident physician at the Hygiene-Epidemiologic Inspectorate, Department of Medical Parasitology, Blagoevgrad where she worked for two years. For the next almost 10 years, she was a resident physician at the ENT clinic of the National Multidisciplinary Transport Hospital "Tsar Boris III - Sofia. In 1995, she acquired a specialty in Otorhinolaryngology. Since 01.07.2010 she is working as an ENT diseases specialist physician at Lozenets Hospital, Sofia.

The candidate is constantly developing herself and has already acquired numerous certificates in the field of Otorhinolaryngology from attended courses in Bulgaria and abroad.

#### SCIENTIFIC WORK:

In 2014, Dr. Dimitrina Edreva defended her dissertation on the topic "Objective diagnosis of hypertrophy of the nasopharyngeal tonsil" and obtained the educational and scientific degree of "Doctor". Her academic career as a Research Associate III degree in ENT Diseases at Transport Medical Institute - Sofia dates back to 1994. Five years later, the candidate was already a Research Associate I degree at the same institute. In 2010, she became a full-time Assistant Professor at the Medical Faculty of Sofia University "St. Kliment Ohridski" and a teaching physician at its principal training base – University Hospital "Lozenets". Since 2016 she is holding the position of Chief Assistant Professor at the Medical Faculty.



Based on the data provided by the candidate, she is the first author of a total of 48 of the 49 scientific publications submitted for participation in the competition. She has more than 60 scientific works, including one monograph, has publications in scientific thematic collections, published articles in scientific periodicals and has registered participations in many national and more than 10 international congresses.

The scientific and applied publications of Chief Assistant Prof. Dr. Edreva are mainly in the field of diagnostics and treatment in Otorhinolaryngology. She has led the introduction of the National Hearing screening program for newborns at the University hospital "Lozenets" since 2016. She has examined over 200 newborns. She also conducts trainings for the staff of the Department of Neonatology at the hospital.

As the first author of the articles published in scientific journals and collections Chief Assistant Professor Edreva is noted in about 90% of them, and as a co-author in the rest.

She presented more than 14 sectional reports and posters delivered at scientific conferences in our country and around the world.

13 Bulgarian citations were found in the reference provided by the CMB fund (central medical library) regarding cited publications of the candidate in Bulgarian and foreign sources. 1 citation was found in foreign sources. The articles of Chief Assistant Prof. Dr. Dimitrina Todorova Edreva have been published in renowned scientific journals.

The large number of citations and the strong scientific interest show the high evaluation of her scientific publications and emphasize the significant contribution of her works.

The scientific indicators of Chief Assistant Professor Dimitrina Todorova Edreva, Ph.D. fully meet and significantly exceed those required for the implementation of the minimum national requirements under Art. 2b of ZRASRB for scientific field 7. Health care and sports, professional direction 7.1. Medicine, scientific specialty "Otorhinolaryngology".

#### TEACHING ACTIVITY:

The candidate teaches the discipline "ENT diseases" to medical students and intern-physicians in the programs: "Medicine" and "Medicine in English". She conducts seminars and practical exercises on the mandatory discipline of the students of "Medicine".



As a scientific teacher, Dr. Edreva has sufficient classroom and non-auditory educational experience, meeting and exceeding the quantitative requirements of the Regulations for participation in a competition for the acquisition of the academic position of Associate Professor.

I believe that the impressive scientific productivity, combined with the scientific impact of the publications, the data on her overall scientific and research activity, the teaching and teaching qualities and the significant practical contribution of the scientific publications of the candidate Chief Assistant Professor Dimitrina Todorova Edreva, Ph.D. show that she is a very highly qualified professional, an ambitious, constantly developing teacher and a researcher who possesses all the necessary qualities for being awarded the academic title of Associate Professor.

This gives me reason to strongly support the candidacy of Chief Assistant Professor Dimitrina Todorova Edreva, MD, Ph.D. for the academic position of Associate Professor.

**I give my POSITIVE assessment** and propose to the Respected Scientific Jury to vote positively for awarding the academic title "Associate Professor" in professional direction 7.1. Medicine, scientific specialty "Otorhinolaryngology" to Chief Assistant Professor Dimitrina Todorova Edreva, MD, PhD.

Sofia, February, 2023



Assoc. Prof. Velislava Dimitrova, MD, PhD